



# Risk Management Plan

## Uxbridge Cycling Club

### Preamble

Cycling can be a dangerous activity. The Uxbridge Cycling Club (UCC) has developed this Risk Management Plan to document how UCC rides are to be managed to reduce risks associated with cycling activities. These policies are to be practiced by UCC members, and any permitted visiting riders as permitted by Ontario Cycling Association rules, during every UCC ride. All UCC members, and any permitted visiting riders, share the responsibility for making UCC rides as safe as possible.

Each UCC member shall receive a copy, electronic or otherwise of this Risk Management Plan and a copy shall be available on the UCC website at: <http://uxbridgecycling.com> Information regarding UCC rules and programs can also be found on the UCC website.

### Definitions

**UCC Rides** means rides formally organized by the UCC and as described on the UCC website. Rides not listed on the UCC website are not UCC rides.

### UCC Insurance

- The UCC annually purchases General Liability Insurance coverage through the Ontario Cycling Association (OCA) for each UCC member. General Liability Insurance is designed to protect a person (member) or any entity (Province, Club, Canadian Cycling Association) against any legal responsibility arising out of a negligent act or failure to act as a prudent person would have acted, which results in bodily injury or property damage to another party. UCC members should familiarize themselves with the terms of the insurance coverage. The coverage details may be accessed through the OCA webs
- To become a member, UCC (or OCA, directly through on-line applications) must receive signed insurance waivers from each UCC member; membership is not assigned or granted until a signed waiver is received by the UCC or OCA.

### Standards of Care

This Risk Management Plan and all UCC rides shall adhere to the Ontario Highway Traffic Act available here: [http://www.e-laws.gov.on.ca/html/statutes/english/elaws\\_statutes\\_90h08\\_e.htm](http://www.e-laws.gov.on.ca/html/statutes/english/elaws_statutes_90h08_e.htm)

### Risk Management

#### General:

- All members of the UCC are responsible for bringing forward to the UCC Board any safety issues related to UCC Rides which present themselves throughout the riding season.
- While on UCC Rides, all UCC members must adhere to and obey all rules of the road as per the Ontario Highway Traffic Act.
- Any UCC member on a UCC Ride should immediately advise the ride captain(s) and other members of the ride should the member feel the group or individuals in the group are riding in an unsafe manner. The member should withdraw from the ride if they feel unsafe.



- All participants of the UCC Rides must provide proof of membership in good standing prior to each ride, if requested by the ride captain. If an ineligible rider insists on participating even after being asked not to, then the UCC Ride may proceed, however, the ride captain shall advise the ineligible rider, with a witness present, that he or she is ineligible and is not covered by any UCC insurance and is responsible for all his/ her actions.
- Each UCC Ride participant will conduct themselves in a responsible manner and retains liability for their own actions.
- UCC follows best practices for safety issued by the OCA during the COVID-19 pandemic to ensure the health and safety of our club members and the general public.
- UCC adheres to all public health and government imposed COVID-19 restrictions.

### **Ride Captains**

- A ride captain(s) may be appointed by the UCC Board for UCC Rides. The ride captain will identify himself/herself to the group so that everyone is aware of who is managing the ride. The ride captain may describe the general ride route, and may provide a brief safety tips before or on the ride. Each individual group on a UCC Ride may not have a captain.
- The ride captain(s) have the final decision on all matters pertaining to the UCC Ride and his/her decisions must be respected by all participants. The ride captain may appoint a designate should the ride captain be unable to attend a UCC Ride.
- Ride captains should carry cell phones for emergency use on all UCC Rides or have a fellow rider carry one. From time to time, will remind riders to carry their own cell phones on UCC Rides. Riders should immediately call 911 in the event of an emergency.

### **Rides**

- UCC activities will follow COVID-19 health and safety best practices as described in the OCA Progressive Return to Cycling Policies. Practices will change over time and may include:
  - Screening following the Ontario Cycling Association COVID-19 screening process during club registration and at any other time as needed.
  - Limits on ride group size.
  - Member screening prior to each UCC activity.
  - Physical distancing of at least 2 m. between each person.
  - Hand hygiene including washing hands prior to an activity and frequent disinfecting throughout the activity.
  - Use of facial coverings whenever possible.
  - Avoiding sharing any equipment, food or water.
  - Virtual club events whenever possible, including a virtual AGM,
- UCC Rides will be planned to use lesser- traveled roads where possible and practical.
- Most UCC Sunday Ride routes will be communicated in advance via email for planning and safety.
- UCC Rides will not run if lightning is present and will be cancelled if lightning is sighted.
- When a large number of riders come out for any given UCC Ride, the riders will be encouraged by the ride captain to break into smaller groups. A size of 6-14 is a reasonable group. Groups should be at least 100 metres apart on the road to allow other vehicles to pass safely in two maneuvers.



- Riders must not be left behind during an UCC Ride unless they first confirm with the ride captain(s) that they are detaching from the group; all members of the UCC Ride are responsible for ensuring they properly notify the ride captain(s) if they are detaching from the group.
- UCC members are responsible for ensuring that their bicycle is in good working order before attending each UCC Ride.
- Bicycle helmets must be worn at all times while participating in any UCC ride and other protective equipment is strongly encouraged (e.g., gloves, eye wear).
- Front and rear lights are required during any UCC Ride which takes place one half hour before sunset and/ or which may extend into darkness.
- UCC members are responsible for ensuring they are sufficiently fit for their desired activity.
- UCC members are responsible for bringing sufficient liquids and food, as required, for each UCC Ride, as well as appropriate tools/ spare tubes, etc.
- UCC members are not to be under the influence of any drug or beverage product that could impair their riding judgment while on a UCC Ride.
- Any and every accident on a UCC Ride shall be immediately reported to a UCC Board member to be reported to the Ontario Cycling Association (OCA) through the proper reporting procedures and forms provided by the OCA. The list of Board members can be found on the UCC website.